



The Window into the heart of

Mt. Lebanon United Methodist Church

Volume 2, Number 2, Spring/Summer 2016

Providing Refuge

by Anthony Picardi

At a Christian language center in Chemnitz, Germany, Grace Killian and a woman from Afghanistan meet for German lessons. Grace is familiar with the German alphabet and helps the woman with spelling and writing. The Afghani woman has a wider knowledge of German vocabulary than Grace, so as she brushes up on her spelling skills, the Afghani woman helps Grace with a word she is trying to remember. Language learning is a fundamental need of many refugees seeking asylum in Germany.



Grace Killian

"It's humbling to participate in hospitality," Grace says, "to both offer it to people through translation, teaching English or simple conversation, and to receive it through patience with my language skills, sharing of food and language from people's home countries."

The woman has invited Grace to her home to eat and to help her high school-aged daughter with English homework. Refugees often invite Grace to their homes for meals. "Participating in hospitality and building relationships are essential first steps that must lead to action to meet needs and advocacy for sound policies that address the holistic needs of refugees," Grace says.

Grace and her parents, Rev. Earl Killian and Rev. Deborah Ackley-Killian, are members of Mt. Lebanon United Methodist Church. This past September she completed service as a Global Mission Fellow, working in Palestine and Jordan, assisting in refugee camps and acquiring a familiarity with the Arabic language. She learned about German refugee assistance from MLUMC's partner church in Zwickau, Germany. That's when Grace reached out to the East German Partnership Committee of the Western PA UMC Conference and inquired if she could help. It was decided that Chemnitz would be the best location for Grace, as it is the first point of registration for refugees entering the state of Saxony.

Refugees come from the Middle East, East Europe, Central Asia and Africa. They are first housed in camps. In Chemnitz, the main

camp is made from a former Army barracks. Families are provided with basic needs and a small sum of money monthly. Non-government organizations provide services such as healthcare and childcare.

"The partnership between Western PA and Eastern Germany offers a very unique and powerful opportunity to explore these issues together," Grace says. "Relationship is at the heart of the ministry. We are given a powerful moment to draw the circle of our relationships wider to include refugees and explore further what it means to be in partnership."

Many refugees speak of the danger in their home countries, of ISIS and the Taliban, while others recall the unanswered need for medical care. Some fear deportation because Germany has deemed their country safe even though violence still continues.

"Simple hospitality may seem frivolous in the face of such need but it is, in many ways, a radical act," Grace says. "In an atmosphere that promotes fear and difference, welcoming an individual or family affirms our shared humanity."

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Walking with Nehemiah

"Our society will crumble if the people of God do not return to serious community engagement informed by a return to covenantal relationship with God and others . . ."

Walking with Nehemiah, Joseph W. Daniels, Jr.

Joseph W. Daniels, Jr. makes a pretty shocking statement in his book *Walking With Nehemiah: Your Community is Your Congregation*. Our society will "crumble," he says, if the people of God do not return to serious community engagement and to a covenantal relationship with God and others? Sounds pretty harsh, doesn't it? But Daniels believes that much in the power of the Holy Spirit working through the church, that he is willing to make such an extreme statement. He knows that such a partnership between a loving God and a faithful people would be unstoppable, if only we would hear God's call and respond.

The Rev. Dr. Daniels is the lead pastor of Emory United Methodist Church in Washington, DC, and superintendent of the Greater Washington District. He is known for asking the congregations that are under his care a single question – "What would it take for you to think of your community as your congregation?" He says that most church leaders—lay and clergy—don't think like this. In fact, when he asks them this question, it can take a minute or two for them to even understand it, let alone answer it. So much of our attention in everyday congregational life is spent dealing with internal issues and opportunities that we turn more and more inward. Even our "outward" work smacks of our "inward" bias, as we invite people to our events and ponder how to make our events more compelling for those who aren't yet in our congregations. John Wesley, the founder of Methodism, is known for saying that "the world is our parish." Simply stated, the streets are our sanctuary. Our community is our congregation. Yet, too often, congregations ignore their neighborhoods. They don't consider the vast resource of people around them, and they seem to forget that Pentecost, the very event that gave birth to the church, happened in the streets. It's time for churches to engage with the people around them—most of whom have not yet made a faith decision and are hungering for the grace that only God can provide.

I was heartened to know that our church has been thinking along the same lines as Dr. Daniels describes. During the upcoming season of Pentecost, let's consider Dr. Daniels' basic outline, as we follow the path of Nehemiah and experience how God can give us answers for engaging your community in a transformative way:

Step 1: Feel your heart break. It isn't until you know for whom or what your heart breaks that God can reveal where in the community and with whom your ministry needs to be done. This broken-heartedness isn't just the stuff of love songs; it is what lifelong missions are made of.

Step 2: Pray as if life depended on it. If you sincerely pray, God will create a way for you to help the very people and situations that break your heart. Nehemiah shows us how to sincerely pray: by recognizing God as the Lord of our lives, by understanding that God keeps God's covenant with us, by confessing our sins and the sins of others, and by declaring to God that we are joyfully "all in."

Step 3: Use your position for good. If you position yourself for divine purposes and use your position for divine purposes, God will give you all you need to change lives and communities for the better. You don't have to be in a position of privilege to have your position count. Sometimes we don't think our position is significant. Yet when we surrender our agenda to God, God can use our position to turn things around for the better.

Step 4: Walk with others in your neighborhood. Too often we end up doing ministry for people instead of with people. This happens because of two things: we see an "us" and "them" divide; and we identify a need based on statistics or what we think needs to be done, instead of building relationships with those in the community and letting them tell us what they will partner with us to accomplish. If, like Nehemiah, you walk before you talk, then when you talk, people will walk with you.

(Continued on the next page)

(Nehemiah continued)

Step 5: Do something. When our action is rooted in who our hearts break for, in prayer, in our role, and in a thorough inspection of our community, the opportunities are endless. When we don't do anything about it, opportunities are lost. Before Nehemiah surveyed the situation, he saw himself as one of the community. This enabled him to speak the truth and summon the people to rise up!

Step 6: Organize the work. Any community engagement requires strong organization. People need to know what their assignments are and what is expected of them. Additionally, folks need to learn how to stay in their lane while supporting the common good.

Step 7: Ignore the haters. Whenever a group of people commits itself to the common good—fully engaged in bringing hope to the vulnerable and defenseless—you can expect some people to ridicule and others not to participate. It is critical to keep your attention on those who are engaged and not be distracted by others.

Dr. Daniels' words are inescapably personal. It is as if he is looking each one of us squarely in the face, and saying to you: Let's journey with Nehemiah, and discover who God is asking you to encourage, what walls God is calling you to repair, and what ministry God might be calling you to lead, and where.

Blessings to you,
Pastor Tom



Family Promise at MLUMC

"During our crisis, it was peaceful to come to a church and feel protected.... We felt loved and that we would not be abandoned until I was able to secure a permanent job and affordable housing".

These are the words of a single mother, age 26, who has been helped by Family Promise.

This nationwide partnership provides temporarily homeless families a safe, welcoming place to stay. About 5 times a year, for one week, 2 or 3 families stay overnight at our church. They are driven here each afternoon in the Family Promise van and have dinner here. Each family is assigned one of the Sunday school rooms as sleeping quarters for the week. Early in the morning, they return to a small house in Crafton, the Family Promise center. From there family members will go to work or school, and be given guidance in managing finances, finding affordable housing, and help in rebuilding their family life.

Our guests will be here for evenings and overnight from Sunday June 5 - 12. Can you spare a few hours one day that week to help out? Driving the van, preparing meals, hosting at the church each evening and overnight, preparing rooms on Sunday mornings before and after the visits - all take many volunteers. Over the past 7 years, MLUMC has been a welcoming haven for many families. With your help we can continue to create a sanctuary for children and parents in need. For more information contact Hazel Cope, 412-343-7998, hazelcope1505@gmail.com



Walk for Family Promise

Support homeless children and their families by pledging a donation or walking with a Family Promise team in the Highmark Walk for a Healthy Community. The event takes place Saturday, May 14 at Stage AE on the North Shore.

For more information on how you can pledge or walk in the event, contact Holly Schultz 412-531-3207. Online Family Promise sign-up for the Highmark Walk for a Healthy Community: http://hcf.convio.net/site/TR/Pittsburgh/HighmarkWalk?pg=entry&fr_id=1895

Weekday Ministries

by Mettelise Ziegler, WDM Director

Through the grace of God, we have the privilege of living in faith that has the power to change us into the image of Jesus Christ. Many of our Weekday parents have brought their children to the waters of baptism as infants, promising to bring them up in the Christian faith. Through our spring and summer activities, Weekday Ministries has a role in helping parents keep their vows to God.

Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. 19 Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. 20 Write them on the doorframes

of your houses and on your gates, 21 so that your days and the days of your children may be many in the land the Lord swore to give your ancestors, as many as the days that the heavens are above the earth. (Deuteronomy 11:18-21).

On April 10th, over thirty families from Weekday and eleven staff members joined the congregation at the 10:45 am worship service! Twenty-eight children sang to the glory of God! It was so fine to see families, staff and church members together!

On May 26th, twenty-one children will be graduating from Pre-K during a ceremony in Sanner Chapel and sent off to kindergarten with prayers and hugs. Currently, our children are learning that God made our beautiful world and gave us the job of caring for it responsibly. Through activities in gardening and recycling, they learn that their small efforts make a difference.

In July, the children will be celebrating the privilege of citizenship in the United States of America. They will understand that they also have citizenship in heaven because God sent Jesus Christ to pave the way for them. Citizenship includes respecting the governing authorities. We must respect our government leaders, even if we disagree. We must respect God's authority over us, too.

In August, we will say "good-bye" to some of our friends who will be continuing their education at local elementary schools. We hope we have helped establish a solid foundation based upon faith in Jesus and an understanding of responsible citizenship that prompts children to show love in every circumstance rather than hate or conflict.



MLUMC's New Acolyte, Anastasia Sunder



We'd like to welcome our new acolyte, Anastasia Sunder. Anastasia is 10 years old and attends Lincoln Elementary School here in Mt. Lebanon. She is the Daughter of Meghan and Mathew, Granddaughter of Marsha Roche and Great Granddaughter of Milton Lutes. Anastasia is also big sister of Elyse and Clayton. She loves her dog, Rocky and cat, Cookie. Her favorite activities are cheerleading and gymnastics. She's also a soccer player. In addition, she is active in Girl Scouts and enjoys participating in a forensics program. Anastasia spoke of her best vacation to Florida because she got to spend lots of time with her aunts and extended family. Her much loved food choice is a Mexican rice bowl. She mentioned she loves our church music, especially the choir and also appreciates the architecture of our church building. Because of her interest in homes, she's hoping one day to become a real estate agent. Thank you Anastasia for joining our crew!

Family-Friendly Faith for Today

Faith for Today, MLUMC's summer speaker series, will feature several family-friendly speakers this year.

June 12 - Jim Ritchie

"This, this is where children belong . . ."

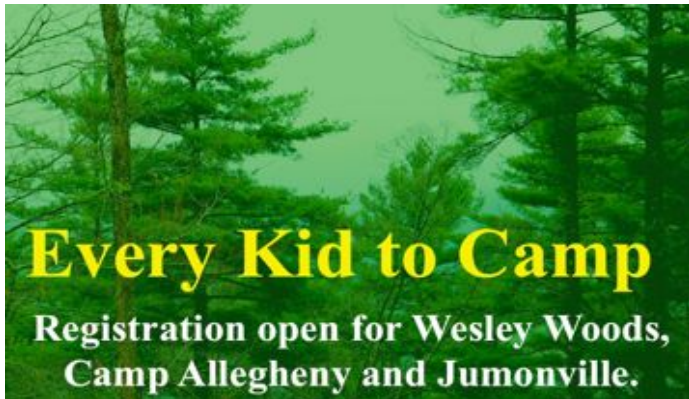
Recognize these lyrics to our children's gathering song? The song's composer, Jim Ritchie, will be here with his guitar. Rev. Ritchie is a retired UM pastor, a composer, and a writer of children and youth Sunday school curriculum.

July 10 - Gemini Children's Theater

The Gemini Children's Theater is a nonprofit organization conducting interactive, musical children's theater in the Pittsburgh area. (pending confirmation)

August 7 - Kim Weitkamp, Storyteller

Kim Weitkamp is a speaker, humorist, consultant, spoken word artist, singer/songwriter - but first and foremost a storyteller. She performs internationally at festivals and theaters, with her own creative new material.



At Mt. Lebanon United Methodist Church we hope every child will have the opportunity to go to one of our three UM summer church camps - Wesley Woods, Camp Allegheny or Jumonville. To encourage this, our church raises money to help fund the cost.

Registration for the 2016 summer camping season is now open. Visit wpaumc.org/camping and decide on your choice of campsite. Before paying the deposit for your child or grandchild, talk with Pastor Tom or Kim Rhoton concerning financial aid for the camp costs.

How can you help? Encourage children to go to camp; pray for the program and campers; make your donation to MLUMC Camper Fund; and consider being a counselor for a summer camp event.

SAVE THE DATE FOR VACATION BIBLE SCHOOL



AUG. 1-5 \$5 / CHILD

9:30 - 11:30 AM

Info: krhoton@mlumc.org



Egypt...

Where the Bible Comes to Life!

Egypt immerses learners in Bible-times culture, helping kids and adults step backward in time to experience new traditions...taste new foods...play new games...try new crafts...and learn from Joseph that God never leaves us alone through life's trials and triumphs!

Calling All Graduates

Graduation Sunday is June 5th. If you are graduating or if you know of anyone graduating from high school, college or a post-grad program, please contact Kim Rhoton at krhoton@mlumc.org.



New Sunday School Class for Young Adults

The representation of Jesus often extends into our everyday life and is engrained into Western culture. A new Sunday school class for young adults delves further into this subject and examines references to Christ in pop culture and the world around us.

During the Sunday school hour at room 402 of the education building, the class discusses how films like *The Lion King* and *One Flew Over the Cuckoo's Nest* may relate to Christ-like figures and stories.

The class first met on April 10, and was created as a place where young adults could meet each Sunday morning. The class size has reached 13 members with plans to grow larger by this fall. The group also will look at participating in social activities and service projects moving forward.



Berries 'n' Bells will be held Friday, May 6.

There's still time to call in your reservation. You won't want to miss our annual concert with dessert.

Join us on Friday, May 6 at 7:30 pm in Asbury Center for scrumptious pie from the Spring House in Washington County followed by a decidedly delightful concert featuring MLUMC's amazing adult handbell teams.

Chapel Bells and Promise Bells have been preparing all year for this event. In addition to our usual favorites from the church year repertoire, Chapel Bells will add a big dollop of silliness to your evening with PDQ Bells.

Promise Bells will present their favorites from the Western PA Handbell Festival held this year at Robert Morris University on April 9.

The cost is \$9 with a family price of \$35. No tickets but we must have your reservations to be certain we have plenty of pie and ice cream for all! Childcare for preschoolers is available with advanced reservation. Call the church office 412-531-7131 to make your reservations.

Doors open at 7:15; dessert served at 7:30.

**Saturday, May 7 8 am
Mt. Lebanon Evangelical
Presbyterian Church (next door)**

REVEILLE
great stories, great friendships, great speakers
REVEILLE: a wake-up call to men
Men's Breakfast May 7, 2016 8:00 – 9:30 AM
Message from TV Meteorologist Dennis Bowman
"Storms of Life"
Mt. Lebanon Evangelical Presbyterian Church Fellowship Hall,
255 Washington Road, Pittsburgh, PA 15216
Register at www.adamquest.org/Events/Reveille
or by confirming your attendance with a table host.

**Sign-up in church office
or contact Matt Baker
baker9400@yahoo.com**



United Methodist Women

UMW May meeting: Reading is Fundamental

On Thursday, May 12, at 11 am in Wesley Hall, the United Methodist Women will hold its monthly meeting. This month, we focus on our reading program and outstanding series of books on topics that support our local and global outreach to women and children. Join us for an informal gathering that focuses on books and learning.

After the meeting, please stay for a light lunch hosted by the UMW officers with grace and devotions by Gloria Barber. Cost for the lunch is \$6.

UMW June meeting: Rukmini Foundation

On Tuesday evening, June 14 at 6:00 pm in Asbury Center, join the United Methodist Women for their monthly meeting. This month, we're hosting a speaker from the Rukmini Foundation. The group's mission is to improve the lives of underprivileged girls in the country of Nepal by empowering them through a holistic program of quality education, supportive mentoring services and a physical well-being program.

The meeting is hosted by the Circle of Friends who encourage everyone to bring a favorite salad to share as part of a larger "salad supper." Vera Jane Cornes will offer devotions and grace. Cost to cover dinner rolls and drinks is \$2.

Dr. Elaine Heath to Give Albright-Deering Lecture at Pittsburgh Theological Seminary



*Dr. Heath to deliver
Albright-Deering Lecture*

Elaine A. Heath, a theologian and preacher who will become dean of Duke Divinity School on July 1, will deliver the Albright-Deering lecture at PTS at 4 p.m., Thursday, May 19. She also will speak during the 11:30 a.m. chapel service that day. Both events are free and open to the public.

Currently a professor of evangelism at Southern Methodist University's Perkins School of Theology, Heath has titled her lecture "What Would Wesley Do? Reclaiming Apostolic Vision in the United Methodist Church." Using the backdrop of Methodism beginning as a lay monastic movement, she will explore what it could happen if Methodists reclaim the apostolic, monastic vision of Wesley, but live it in the 21st century.

"Elaine Heath is a leading scholar of emergence, the process by which religious faith finds new life outside familiar institutional forms," said Richard H. Brodhead, Duke's president, in announcing her selection as dean of the the Divinity School. He also noted that Heath has "reached out to establish new communities with people marginalized in many ways."

The Albright-Deering Lecture Series in Methodist Studies was established at PTS in 1999 through individual contributions and a generous gift from Joseph and Gail Deering of Dayton, Ohio. It is named to celebrate Joseph's career accomplishments and to honor their former pastor, **the late Rev. Dr. H. Pat Albright, Pastor Emeritus of MLUMC**. The lectureship is intended to bring outstanding scholars in the Wesleyan tradition to the PTS campus.

See more at: <http://www.wpaumc.org/newsdetail/heath-to-give-albright-deering-lecture-at-pts-4466631>

What are we paying for, and why?

By Larry Bridge, Treasurer, WPA Annual Conference

I once read a comment about connectional apportionments from someone who asked the question, “Is this like the baggage fee I have to pay when flying?” Another person wanted to know if Apportionments were similar to dues you pay to belong to a club. I suppose these are not unreasonable questions to ask if you have never had the opportunity to receive an explanation of how Connectional Apportionments are an integral part of the fabric of the United Methodist Church.

When John Wesley was beginning to realize the full extent of the reformation he was leading in the Anglican Church, he began to develop fundamental principles upon which his reformation would stand. Three of the very important pillars he conceived were that the church should be connectional, clergy should be itinerant, and the church should have doors that are wide open to all believing Christians and to people yearning to discover how to move toward a Christian life.

Wesley considered a connected church to be essential to building and maintaining outreach and disciple-making far beyond the walls of local churches by multiplying the resources of any one church many times over. Remember the Apostle Paul’s work gathering resources from among the gentile churches of Asia Minor to support the Christian communities in Jerusalem.

Through the years, the connected churches of John Wesley’s time have become the United Methodist Church we know today. The principles on which it was built are as vital today as they were then. We are CONNECTED. Our global reach in support of disasters, the disadvantaged, those seeking to find their way into a Christian life and those continuing the mission of disciple-making are supported by every member of the world-wide United Methodist community through our Apportionment system.

Although much larger, more global and more diverse, our Connectional Apportionment system today “connects the dots” between our local churches, Conferences and the denomination to Kingdom-building efforts in our communities and throughout the world. Our resources are marshaled at various places such as our own Mission Barn and other United Methodist Committee on Relief (UMCOR) depots, colleges, global missions and ministry centers.

We don’t often see all of this from our individual churches, but be assured that it is working and effective and each and every one of us is united in outreach as we work to fulfill our great mission of “providing resources to make disciples of Jesus Christ for the transformation of the world.”



Saturday, June 4 - Spring Rummage Sale

June 4, 9 am - 2 pm, is the date and time of this year's spring rummage sale. As always, proceeds from the sale support our church's missions. So to support mission work, support the rummage sale. You can do that in two ways: your donations of stuff, and your donation of time.

Item donations for the sale can be brought into Asbury Center starting May 6. Contributions of clothing, housewares, furniture, books, children's clothing and toys are always welcome.

Volunteers are needed 1) to sort and set-up the items the week before the sale, 2) during the rummage sale and 3) to lend a hand in clean-up following the sale. For more info, call the church or Nancy Marshall at 412-221-9699.

And don't forget to shop!

Mt. Lebanon United Methodist Church Sponsored a Mission Trip to Haiti During Holy Week

by Clark Remington

Recently, a mission team sponsored by our church returned from Archaie, Haiti where participants performed several helpful tasks. Through the use of funds from an endowment left by Herald Heard, cash donations from church members, the Kerygma class, and a partnership with Christ United Methodist Church of North Huntingdon, five people from three area Methodist churches were able to participate in this mission. Rev. Tom, Church Council, Finance Committee, and Mission Committees assisted in the planning of this mission trip. Because of the amazing participation and generosity of our Mt. Lebanon congregation, the team was able to take hundreds of tooth brushes, floss, soap, vitamins, cold remedies, school supplies and clothing with us. Many of these items were distributed to children at three schools and the rest were distributed to folks in the Arachaie community. Below are pictures of the Le Fabre school and a picture of tooth brushes being distributed in the community.

Everyone cannot physically make a trip to Haiti, but a great many of our congregation participated in the good work of this mission with their contributions. It makes a difference!

Our team consisted of a policeman, retired school nurse, former teacher, a college student skilled in computers, and an eighteen year old interested in early childhood education. Our work began in the three schools, one a day for three days. The educators presented science and math lessons to students while the nurse and policeman taught CPR and first aid to the teachers. Concurrently, the computer expert was evaluating the software available on the school laptops. The Thomas Food Project has provided solar electricity and laptop computers to the three schools. But, the teachers are unsure how to use them. We provided in-service training on the capabilities of computers in a school.

Possibly the most critical thing we did was build and fund the purchase of bio-sand filters for making water cleaner. We built two. We left money for eighteen more. Clean water is a critical issue in Haiti. One home where we built a sand filter was high in the mountains. In a one room home, a very old lame man lived with three very small children. Three walls of the home were concrete, the third wall was made of canvas, the roof was corrugated metal. One child was naked. Each day the old, lame man had to walk down a steep goat path, probably a mile and half, to water (not very pure) and carry the five gallon water bucket back uphill to his home. Now, this man and these children have access to clean water at their front door. (Note: I asked a translator to ask the man whose children they were. Answer: "They are God's children.") Can't you feel God smiling?

Thanks to all of you!



Flower Planting Time at the Church Fri. May 27, 6-8 pm & Sat. May 28, 9 am-noon.

Bring knee pads & hand planting shovels. Info: Tom Michael at trilobitesix@aol.com or (412) 389-9411



May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM Worship Sanner 9:30 AM Sunday School 10:45 AM Worship Sanctuary 5 PM Youth Group 7:30 PM Handbell Concert Rehearsal	2 6:30 Tiger Cub Scouts 7 PM Chapel Bells	3 7 PM BSA #23 7 PM BSA Parents 7 PM Church Council	4 6:30 AM N. Side Lunch Prep 6 PM Homebuilders' Picnic	5 8:30 AM N.Side Lunch Preps 9:30 AM Hands & Heart Noon TNT Asbury Hights 6:30 PM Promise Bells 7:30 PM Choir Rehearsal	6 9:30 AM Women's Bible Study 7:30 PM Series 'n' Bells	7 10 AM Food Pantry
8 MOTHER'S DAY 8:30 AM Worship Sanner 9:30 AM Sunday School 10:45 AM Worship Sanctuary	9 7 PM Chapel Bells Rehearsal	10 7 PM BSA #23 7 PM BSA Reviews 7 PM Cub Scout Planning	11 6:30 PM Wolf Cub Scout 7 PM Education 7:30 PM Finance	12 11 AM UMW 6:30 PM Promise Bells 6:30 Webelos Scouts 7:30 PM Choir Rehearsal	13 9:30 AM Women's Bible Study 1:30 PM Memoirs Group 6:30 Cub Scouts Bear Den	14
15 <i>Pentecost</i> LAST DAY CHILDREN'S SUNDAY SCHOOL 8:30 AM Worship Sanner 9:30 Sunday School 9:30 Youth Parent Meet 10:45 Worship Sanctuary 5 PM Youth Group 6:30 BSA Board Review	16 7 PM Chapel Bells Rehearsal	17 7 PM BSA #23 7 Trustees	18 7 PM Cub Scout 7 PM Christian Ed 7 Koinonia UMW Circle 7 Dormont Pool	19 9:30 AM UMW Faith Circle 10 UMW Rebecca Circle 6:30 PM Promise Bells 7:30 PM Choir Rehearsal	20 9:30 AM Women's Bible Study	21 10 AM Food Pantry 10AM New Member Orientation
22 CONFIRMATION SUNDAY 8:30 AM Worship Sanner 10:45 AM Worship Sanctuary 7 PM BSA Patrol Leaders	23 7 PM Chapel Bells Rehearsal	24 7 PM BSA #23 7 PM BSA Reviews	25 6:30 PM Wolf Cub Scouts	26 9:30 AM Hands & Heart 6:30 PM Webelos 6:30 PM Promise Bells 7:30 PM Choir Rehearsal	27 9:30 AM Women's Bible Study 6 PM Flower Planting 6:30 PM Cub Scouts Bear Den	28 9 AM Flower Planting
29 8:30 AM Worship Sanner 10:45 AM Worship Sanctuary	30 MEMORIAL DAY OFFICE CLOSED	31 7 PM BSA #23 RUMMAGE SALE SET-UP	1	2	3	4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2016			1 6:30 AM N. Side Lunch Prep	2 8:30 AM N. Side Lunch Preps Noon TNT Asbury Hgts 6:30 PM Promise Bells 7:30 PM Choir Rehearsal	3 9:30 AM Women's Bible Study	4 8 AM RUMMAGE SALE
			RUMMAGE SALE SET-UP		RUMMAGE SALE SET-UP	
5 GRADUATION & NEW MEMBER SUNDAY 8:30 AM Worship Sanner 9:30 Faith for Today 10:45 AM Worship Sanctuary 5 pm Youth Group	6 7 PM Chapel Bells Rehearsal	7 7 PM BSA #23 7 PM Church Council	8 6 PM Homebuilders Picnic 7 PM Education 7:30 PM Finance	9 6:30 PM Promise Bells 7:30 PM Choir Rehearsal	10 8 AM Asbury Kitchen Clean-up 9:30 Women's Bible Study 1:30 PM Memoirs Group	11 8 AM Volunteer Church Work Day 10 AM Food Pantry
HOSTING FAMILY PROMISE SUN. JUNE 5 THRU SUN. JUNE 12						

SAVE THE DATE

Sunday, June 12 - The 10:45 service moves from the sanctuary to air-conditioned Asbury Center for the summer.

Become a Prayer Partner of the Youth Mission Trip

The youth group is returning to Project Crossroads in Marion, Virginia this summer, **June 26 - July 2**. Pray for a member of the mission trip team while they serve. For more information, contact Bethany Lockie at blockie@mlumc.org.

**Volunteer for
WORK DAY
• at the •
CHURCH
Sat. June 11
8 am-afternoon**



Celebrate June 24 4 to 7 pm Community Barbecue

Time to celebrate summer with our neighbors and community members. MLUMC is holding a ribs and chicken barbecue with a summer delights menu. Come for the fellowship and good food.
Free & Open to the Community Donations Gratefully Accepted

MLUMC Staff

Rev. Thomas Q. Strandburg, Pastor
Kim Rhoton, Director of Christian Education
Bethany Lockie, Youth Ministry Director
Dr. Gretchen Franz, Director of Music/Organist
Ryan Keeling, Director of Choral Music
Mettelise Ziegler, Weekday Ministries Director
Virginia Katinsky, Business Administrator
Monica Kao, Communications Coordinator
Francie Robb, Secretary/Receptionist
Juliette Mariani, Administrative Support
John Cato, Maintenance Supervisor
Michael Staab, Custodian
Nancy Romano, Custodian

MLUMC Volunteer Staff

Bishop George Bashore, Bishop-in-Residence
Dr. David H. Watson, Pastor Emeritus
Nancy R. Lutz, Director of Handbells
Joanne Dempe, Financial Secretary
Ron Dagg, Sound/Lighting
Kevin DeLuca, Multimedia
Kirk Lowe, Multimedia
Kay McAninch, Communion Steward

The Window

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MLUMC'S Wholistic Health Outreach Ministry on Life Transitions

"Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!" 2 Corinthians 5:17 NIV
Life never stays the same. There are several stages with unique challenges that make each one memorable. As new parents you add new responsibilities and a baby to your life while trying to establish yourselves as a couple. This new role means sharing your partner with someone else so make sure you talk to each other, have a date night, and share your struggles. Adjustment is easier when you know what challenges exist.

The next stage is the teen years and the bid for independence. This coincides with financial concerns such as maintaining a home, supporting family, preparing for college, and possibly helping an elderly parent. Know that the caregiver role for your child is starting to end. To prepare your child for adulthood, teach financial and personal responsibility and be open with your spouse about any conflicts you have about letting go.

Next is sending your child off to college, career, or marriage. You are no longer the parent/controller but a friend/advisor. If this is your last child it may mean reconnecting with your spouse after the years of focusing on your child(ren). You might also be adding the role of caregiver for a parent. Keep in mind as you struggle with your changing roles, your parent is also struggling with his/her loss of independence. Be patient, include your parent in decisions when possible, ask siblings and friends for help, and be honest about your feelings.

The last stage is retirement where some have a loss of identity because they no longer work while others find new beginnings. To make the transition successful, consciously look for things to do. Resurrect an old hobby or find a new one. Travel to visit family and spend time with your grandchildren. If you can't travel, call them on the phone or use email. Stay connected and interested and you will find a whole new world. (Source: Magellan Health Services www.magellanassist.com/mem/library)