### **ANNOUNCEMENTS**

WELCOME! If you are a visitor or new to Mt. Lebanon United Methodist Church—we're glad you're here. Please sign the attendance sheet in the pew. Worship at our church is a joyful, prayerful, music-filled, traditional experience. We worship to glorify God and build up the community of believers to live in this world as followers of Jesus Christ.



The 8:30 am service meets in Sanner Chapel, immediately inside

the front entrance of the church, and the **10:45** am service is in our beautiful sanctuary. Kids Praise, a special worship service for ages 3 - 3rd grade, takes place during our 10:45 Sunday service. For more information on our church: www.mlumc.org or 412-531-7131.

Each month this year, our church will emphasize one of our membership vows. In February we are focusing on our vow of presence with and for God thru church attendance.

## TODAY All-Church Soup & Salad Luncheon

Soup Salad LUNCHEON SALAD

All are invited to join the UMW for a relaxing and fun soup & salad

lunch after the 10:45 service TODAY, **Sunday, February 24 in Asbury Center**.

Two kinds of soup will be offered, including a vegetarian option. We'll also serve a crisp salad, drinks and dessert, plus PB&J and chips for the children. This is a great time to socialize with members of your church family.

#### Vow of Presence

To date, over 75 people brought forth their attendance pledges. Each Sunday in February, members will be given the opportunity to bring their pledges of attendance to the communion rail during worship. Pledge forms will be available on the table in the Narthex.

We encourage you to prayerfully consider what you are willing to pledge during Lent, and we hope many members make a major effort to honor this vow as often as possible during the Lenten season.

(continued next page)

### Mt. Lebanon United Methodist Church

OPEN HEARTS OPEN MINDS OPEN DOORS 3319 W. Liberty Ave. Pittsburgh, PA 15216 412-531-7131 mlumc.org Reverend Thomas Q. Strandburg, Pastor tstrandburg@mlumc.org



#### (vows continued)

Those who desire to do so will become part of an "online class" where we will exchange emails that comment about practicing our vow of presence during the Lenten season. In addition, participants will receive short Lenten devotionals throughout the Lenten season. If you don't have access to email we will send you copies of correspondence via surface mail.



### Today, February 24 thru Sunday, March 3

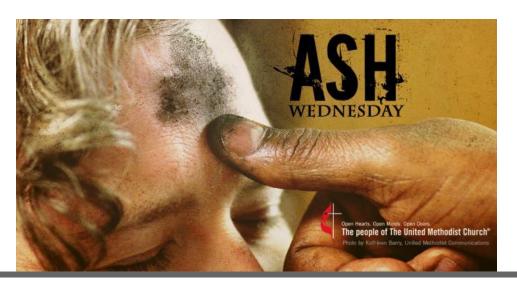
This is our Family Promise week, from today until next Sunday. Many volunteers are needed to make our guest families welcome. We need people to cook and serve dinners, drive the families between our church and the Family Promise center in Crafton, serve as hosts either evenings or overnights at the church. We don't expect anyone to do ALL of these jobs of course, but if you have a couple of spare hours during that week, please contact Michael Naragon at NaragonM@winchesterthurston.org

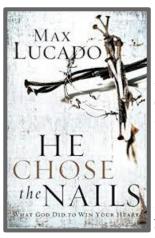
### March 6, Ash Wednesday Services

6:30-9 am Sanctuary at your convenience, silent Communion,

ashes available

7 pm Sanner Chapel, service with communion, imposition of ashes



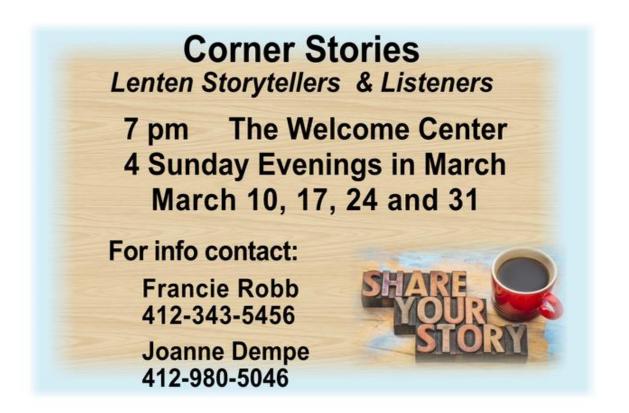


## Lenten Study for Terrific Tuesday He Chose the Nails, What God Did to Win Your Heart

What are the gifts that Christ gave to us at his crucifix? Pastor Tom will lead a study answering this question, based on Max Lucado's book and DVD, *He Chose the Nails, What God Did to Win Your Heart*. In five Terrific Tuesday sessions, the adult discussion will examine not only the gift of the cross, but also the gift of the thorns, the nails and the empty tomb.

Join us for the *He Chose the Nails* Lenten Study on the following Terrific Tuesdays: March 12, 19, & 26 and April 2 & 9.

April 9 will be the final Terrific Tuesday until fall. Terrific Tuesdays include dinner and are from 6-7:30 pm in Asbury Center.



### Asbury Bake Sale Asbury Heights Friday, March 8

It's time for the annual Asbury

Bake Sale and we need your delicious contributions. Asbury's residents look forward to these sweet treats, so please consider donating homemade cake slices, cookies, cupcakes, sweet rolls, tarts, fudge and other baked goods.

Donations should be packaged in small amounts (for 1 or 2 people) and labeled, paying special attention to ingredients causing allergies, such as eggs, nuts, peanut butter and chocolate, or specially made, such as "gluten-free" or "diabetic-friendly."

Baked goods can be dropped off in our church's Asbury kitchen on Thursday, March 7 or on Friday morning, March 8, directly at Asbury Heights.



### March UMW Meeting Lenten Call to Prayer and Self Denial Thursday, March 14 11 am Wesley Hall

Join the UMW on Thurs., March 14 at 11 am. in Wesley Hall for our monthly meeting and annual call to Prayer and Self-Denial.

This year, our theme is "Building a Thriving Generation of Children and Youth Worldwide." At the meeting, we'll reflect on the gospel of Christ, pray together and make an offering to mission with women, children and youth in response to God's love and grace.

After the program, plan to stay for a light lunch. Cost for the lunch is \$6. Make your reservation by calling the church office at 412.531.7131. Drop-ins are welcome, too

#### **Flower Prices**

Due to the price increase in the flower arrangements for our church services, several volunteers diligently worked to bring the price back down so that our members can enjoy the beautiful flowers at a more affordable price point.

Therefore, we have changed suppliers, and the new pricing beginning in March will be \$33 per arrangement. Altar flowers will be \$33 and chancel will be \$66. Thank you for your patience and understanding!



### Kerygma Adult Sunday School — All Are Welcome

9:30-10:30 am The Library

Feb. 24 Pastor Tom Strandburg: The Life & Ministry of the Apostle Paul

Mar. 3 Pastor Tom Strandburg: The Life & Ministry of the Apostle Paul

Mar. 10 Monica Kao: What is the Bible? How an Ancient Library of Poems, Letters & Stories Can Transform the Way You Think & Feel About Everything.

Mar. 17: Monica Kao: Short Stories by Jesus: The Enigmatic Parables of a Controversial Rabbi

### **New Quiz: Black History**

Who was the UMC's first African American bishop? Why February? In honor of Black History Month, here is a new quiz for you to try.

(answers on the back page)

## 1. Historian Carter G. Woodson chose February as the month to honor black history because:

- a. Woodson was born in February.
- b. Abraham Lincoln and Frederick Douglass were born in Feb.
- c. February was the shortest month.
- d. All of the above.

### 2. This former slave became a famous abolitionist and a Methodist preacher.

- a. Sojourner Truth
- b. Harriett Tubman
- c. Harriett Beecher Stowe
- d. David Walker

## 3. Which United Methodist church is named after one of the "founding fathers of Gospel music?"

- a. Tindley Temple
- b. Jones Memorial United Methodist Church
- c. Barratt's Chapel
- d. Seay-Hubbard United Methodist Church

### 4. This former school, once a haven from racial prejudice, is now an UMCOR relief center:

- a. Scarritt Bennet Center, Nashville, Tennessee
- Southern Methodist University, Dallas, Texas
- c. Sager-Brown Depot in Baldwin, Louisiana
- d. The New Room, Bristol, England

### 5. Who was the first African American bishop in the UMC?

- a. Roy G. Biv
- b. Roy C. Nichols
- c. Roy Rogers
- d. Roy Brown

# 6. After the U.S. Civil War, this trailblazing African American woman went to college, owned a business, and became a Methodist missionary.

- a. Susanna Wesley
- b. Susan Angeline Collins
- c. Billie Holiday
- d. Bishop Sharma Lewis

### **Community Events and Outreach Committee 2019 Events**

The Community Events and Outreach Committee is organizing a number of 2019 events. Plan to attend consider volunteering. To learn more about the committee or to volunteer for an event, contact Rob Spicher, Chair, at <a href="mailto:robert.spicher@pnc.com">robert.spicher@pnc.com</a> or 412-720-4589. \*EECM = East End Cooperative Ministries

January – None	July – None
February – *EECM Dinner (2/24)	August – *EECM Dinner (8/25)
March – Community Fish Fry (3/8)	September – None
April – Lenten Luncheon (4/6) Community Fish Fry (4/19)	October – Community Fall Festival (10/19) *EECM Dinner (10/27)
*EECM Dinner (4/28) May – None	November – Thanksgiving Meal (11/28)
June – *EECM Dinner (6/23) Community Barbecue (6/29)	December – Christmas Caroling (12/15) *EECM Dinner (12/22) Christmas Meal (12/25)

\*EECM, East End Cooperative Ministries Dinners, are served on site at their East Liberty location across the street from the Home Depot; the Christmas Meal is served on-site at Castle Shannon Presbyterian Church; all other events originate at MLUMC.

#### **Volunteers Needed - Please Reply**

### Community Events and Outreach Committee Community Fish Fry Dinners Friday, March 8th & Good Friday, April 19th

The Mt. Lebanon United Methodist Church Community Events and Outreach Committee will be sponsoring two fish fry dinners this season and invites you to come join us. We are in our fourth year of providing a free fish fry to the surrounding community. We need help in the following areas. If you can make yourself available for either or both events, **please email** and let us know the date(s) and your work preference.

Food Plating Fry Cook/Runner Dessert Station
Bus Tables Drink Station Greeters/Hospitality

Clean Up Event Setup (day prior)

Yours in Service, Karen Manning ciscomanning1@gmail.com

### FRIDAY FISH FRY DINNERS @ 2 CHURCHES

Free and open to all. Donations gratefully accepted

Menus at both churches include baked and fried fish, mac & cheese, cole slaw, fries and an assortment of desserts

### **MLUMC Community Fish Fry Dinners**

Friday, March 8 & Good Friday April 19

> 4 –7 pm Asbury Ctr.

Dine-in or Take-out



### **Bethany Evangelical Lutheran Church**



### Fridays - March 15, 22 & 29

4 pm to 7 pm (Dine in or Take out is available) 3104 West Liberty Ave, Dormont 15216 FREE (although donations are accepted) Call 412-531-9363 for information

Serving Fried or Baked Fish, Mac and Cheese, Apple Sauce, Rolls, Clam Chowder, Cole Slaw, French Fries, Pierogies, and homemade desserts



### Thank You, Mission Committee

The Food Lift™ is calling out a big Thank You to the Mission Committee for the warm and fuzzy greenies—winter hats with the words "Food Lift Volunteer" embroidered on them. The attractive hats are not only necessary during this crazy winter weather but also serve to identify the volunteers as they

pick up and deliver food to hungry people. Pictured in their hats are Pastor Kim and Jim Lutz who had picked up many loaves of donated bread from The BreadWorks Bakery on the Northside and delivered them to the Salvation Army on the Southside and then to our church for later distribution.

#### **Black History Month Quiz Answers**

- 1. **b** Woodson chose February as the month to honor black history because Abraham Lincoln and Frederick Douglass were born in February.
- 2. a Sojourner Truth
- 3. a Tindley Temple in Philadelphia
- 4. **c** Sager-Brown Depot in Baldwin, Louisiana
- 5. **b** Roy Nichols was the first African American bishop in The United Methodist Church. He was elected a bishop at the Northeastern Jurisdictional Conference in July 1968 and assigned to the Pittsburgh Area where he served for 12 years. He then served the New York Area until his retirement in 1984.
- 6. **b** Susan Angeline Collins

