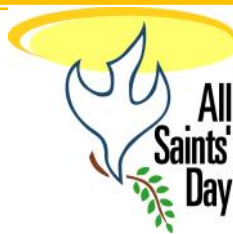


November 3, 2019

ANNOUNCEMENTS

WELCOME! If you are a visitor or new to Mt. Lebanon United Methodist Church—we're glad you're here. Please sign the attendance sheet in the pew. Worship at our church is a joyful, prayerful, music-filled, traditional experience. We worship to glorify God and build up the community of believers to live in this world as followers of Jesus Christ. The **8:30 am** service meets in Sanner Chapel, immediately inside the front entrance of the church, and the **10:45 am** service is in our beautiful sanctuary. Kidz Praise, a special worship service for ages 3 through 3rd grade, takes place during our 10:45 Sunday service.



For more information: www.mlumc.org or 412-531-7131.

**THIS
WEDNESDAY**

**MLUMC Annual Charge Conference
Wednesday, November 6 7 pm Sanner Chapel**

Join our District Superintendent, Rev. Dawn Hand, Pastor Tom, and church council members at the church's annual Charge Conference, this Wednesday, November 6. It takes place in Sanner Chapel at 7 pm. **ALL ARE INVITED**

What is a Charge Conference? According to the United Methodist Church, the charge conference is the basic governing body of each UM local church, composed of all members of the church council. All members of the charge conference must be members of the local church. The charge conference must meet at least once per year. It directs the work of the church and gives general oversight to the church council, reviews and evaluates the mission and ministry of the church, sets salaries for the pastor and staff, elects the members of the church council, and recommends candidates for ordained ministry.

Mt. Lebanon United Methodist Church

OPEN HEARTS OPEN MINDS OPEN DOORS
3319 W. Liberty Ave. Pittsburgh, PA 15216 412-531-7131 mlumc.org
Reverend Thomas Q. Strandburg, Pastor tstrandburg@mlumc.org



Today:

Blood Pressure Screenings

Stop in Brookline Parlor after the 10:45 service for a blood pressure check from the MLUMC Health Ministry (WHOM). The ministry team nurses offer screenings the first Sunday of every month.

Monday:

Church Council Meeting

Monday, November 4 7 pm, Wesley Hall
Find out what's happening at the church.
All are invited.

Tuesday:

No Terrific Tuesday This Week

This Tuesday, November 5 is Election Day and Asbury Center is a polling place. There will be no Terrific Tuesday.



New Modern Worship Service Starting December 1

A new modern worship service, from 8:30 to 9:30 am in Asbury Center will be launched on Sunday, December 1. It will run at the same time as the 8:30 service in Sanner Chapel. **It will not replace the current 8:30 service.**

The new service will include music arranged and performed in a modern style, different from the church's more traditional music and will feature a message delivered by Assistant to the Pastor Scott Miller. More details to come!



UMW turns the spotlight on Weekday Ministries!

Please join members of the UMW on Thursday, November 14 at 11 am as we learn more about an important ministry of our church — Weekday Ministries.

Mettelise Ziegler, the Weekday Ministries director, will provide an overview of the program, including the many families it serves in and around our neighborhood. Weekday Ministries is currently asking for people to sign up for the S.E.E.D. program at <https://www.shopnsavefood.com>. Many church members have done so in the past, however Shop N Save deleted our points and we must all sign up again to accrue credit for free programs offered by the Zoo and Science Center.

Weekday Ministries also asks for toilet paper tubes, craft odds and ends, and scrap paper for drawing, so please consider donating these items on the day of the meeting. Mettelise's presentation will be followed by lunch. Please call the church office at 412.531.7131 to reserve your spot — or simply drop in.

Thanksgiving Day Meal Prep & Delivery Ministry

Free Thanksgiving Dinners for Community Members in Need

A 37-Year Tradition—Still Going Strong!

Turkeys, kitchen help and delivery volunteers are needed for the annual Thanksgiving Day meal to homeless, lonely and homebound community members.

We need people to:

- Donate turkeys, dressing, pies or cans of sweet potatoes.
- Help in the kitchen with food preparation and meal packing.
- Help deliver Thanksgiving meals.

The dine-in portion of the meal will be held at Bethany Lutheran Church on West Liberty (just down the road from our church). The meal runs from 1 to 5 p.m. on Thursday, November 28.

The delivery portion of the meal will be held at our church in Asbury Center. So if you're signing up to deliver a meal, you'll report to our church and NOT Bethany Lutheran.

Volunteers are needed to cook turkeys and side dishes and to pack the meals for delivery. Drivers/delivery volunteers are also needed.

For more information, or to sign up, see the sign-up sheet on the main bulletin board on the first floor of the education wing and at other locations, or contact Rob Spicher at 412-720-4589 or robert.spicher@pnc.com.



Last year, we fed over 500 people, so your help is greatly appreciated.





Advent Wreath and Tableaux Help Needed

Volunteers are needed to help with lighting Advent candles each Sunday during Advent and during Christmas Eve services. No special skills are required! Candle lighters can be families (including children), couples, or friends. If you are interested, please contact Kim Rhoton with a date and service preference.

Volunteers are also needed to assist behind the scenes and to participate in the annual **Christmas Tableaux**, scheduled for December 15 at the 10:45 service. Children and teens are needed to play the parts of angels, shepherds, and kings. Adults are needed to help the participants get into costumes and enter the sanctuary on cue. Participants and adult helpers must be available for a rehearsal on Wednesday, December 11 at 6:30p.m. in the sanctuary. Please contact Kim Rhoton to volunteer or with questions – krhoton@mlumc.org

REVEILLE

MEN'S BREAKFAST

SATURDAY, NOVEMBER 9, 2019
8:00 - 9:30 AM

Mt. Lebanon Evangelical Presbyterian Church,
255 Washington Road, Pittsburgh, PA 15216



COME HEAR FROM SPEAKER
MATT GEPPERT
"CHANGING LIVES THROUGH PRAYER"

FRIENDS, FAITH, FUN, FOOD

Sign up in the church office or
w/ Matt Baker, baker9400@yahoo.com

Welcome Frieda Lasch, Our Newest Acolyte



Our church is so happy to be adding Frieda to our acolyte team. Frieda is 15 years old and is a Junior at Mt. Lebanon High School. She is living with the Slater family while in the United States as an exchange student from Germany. She will be here until June. Frieda has 1 older brother and 2 younger sisters.

Frieda enjoys learning about history both in Germany and here. She plays the cello and the piano and enjoys singing in the school choir. In Germany she played on the volleyball team.

When asked what she would like us to know about her, Frieda said that she is thankful for being made to feel so welcomed here.

We are blessed to have Frieda with us and thankful that she is willing to give of herself for this mission while she is here.

Youth Group Events

- Sun, Nov. 3 Youth Group from 5:00 - 6:30 p.m.** Dinner, Games/Activities, Middle School/High School Groups
- Sun, Nov. 10 Nature hike at Raccoon Creek State Park (Youth in Confirmation will be able to attend after their field trip.)** 12:15 p.m. lunch at the church
1:00 p.m. travel to the park
1:45 hiking, prayer, reflection, activity, circle
4:30 travel to the church
5:15 pick-up at MLUMC
- Sun, Nov. 17 Youth Group from 5:00 - 6:30 p.m.** Dinner, Games/Activities, Middle School/High School Groups
- Sun, Nov. 24 Youth Group from 5:00 - 6:30 p.m.** Friendsgiving Dinner, Games/Activities, Middle School/High School Groups



DANKE DANKE DANKE!!!

A big thank you to all on the Zwickau Committee and to all the hosts who made the Zwickauers visit so special for them. A special shout-out also to those who gave mission presentations, to those who facilitated our mission work, to those who planned special events for the Germans, and to the Young Adult class for helping with the all-church picnic. What a special church community we are!
In the meantime, start thinking ahead now for the 2021 summer trip to visit our partner church in Zwickau!

Mission Trip to Zimbabwe Informational Meetings

Experience Africa through the United Methodist Church. The Nyadire Connection will be traveling to support the Mission Centre. Activities include Bible School, Sports Camp, building projects at the Home of Hope Orphanage (laundry tubs, playground, bookshelves, etc.), teaching basic computer skills, vocational skills with the Hearing-Impaired, medical assistance (CPR, speech therapy, dental hygiene, eyeglasses, sanitary pad sewing), creating videos and audio recordings, and tackling energy and water issues.

Two informational meetings :

Tuesday, November 5th, 7-8:15,
St. Paul's UMC (1965 Ferguson Rd,
Allison Park, PA 15101)

Thursday, November 7th, 7-9:15,
Christ UMC (44 Highland Rd, Bethel
Park, PA 15102).

Questions? contact Mary Beth Zollars
mbzollars@aol.com or 412-498-2281 (cell).

Kerygma Adult Sunday School

9:30 - 10:30 am the Library

- 11/3 Rev. Kimberly Greway, Bible lesson, Pt. 2
- 11/10 The class, "Favorite Bible Verses"
- 11/17 Sara Mercer, "Predestination/Free Will—Romans 8"
- 11/24 David Seitz, "Knowledge of the Holy"

Mixers Adult Sunday School

9:30 - 10:30 am Balcony Classroom

- 11/3 Pastor Tom Strandburg, "Living Our Christian Faith Pt. 2" -

NOVEMBER

**Food Pantry
Donation of the
Month Program**

**Please
donate
Thanksgiving
meal products**

(non-perishables)

**Drop-off box near
entrance to Food Pantry**





HELP

HOPE

A DISCUSSION ON SUICIDE

AMONG THOSE SUFFERING FROM DEPRESSION

A Discussion on Suicide Awareness and Prevention For Those Suffering from Depression

The last of the Community Events and Outreach Committee's 3 part series on "Suicide Awareness and Prevention" will be held on Sunday, November 17th, at 7pm in Asbury Center. Dr. Cleon Cornes, a long time MLUMC member, will discuss the risks that individuals suffering from depression face relative to suicide and how such can be addressed.



*Vera Jane and
Dr. Cleon Cornes*

Dr. Cornes is a graduate of the University of Pittsburgh's School of Medicine. His achievements include serving for 2 years in the United States Army Medical Corps in Germany, being a full time faculty member at Pitt, and providing care and treatment for numerous patients suffering from schizophrenia or depression.

Dr. Cornes and his wife Vera Jane have been married for 61 years and have 2 daughters and 2 grandchildren.

As has been the case for the prior programs in this series, beverages and light refreshments will be available both before and after the program.

Please look for more information on this program in the coming weeks and mark it on your calendars. If you have questions about the program or would like more information on the Community Events and Outreach Committee, please contact Rob Spicher (chair) at robert.spicher@pnc.com or 412-720-4589.

CALENDAR – SUNDAY, NOVEMBER 3 THRU SATURDAY, NOVEMBER 9

SUNDAY 11/3

8:30 am	Worship	Sanner Chapel
9:30 am	Sunday School	Various
10:45 am	Worship	Sanctuary
10:45 am	Kids Praise	Welcome Center
11:45 am	Youth Choir	Choir Room
12 pm	Blood Pressure Screening	Brookline Parlor
5 pm	Youth Group	Wesley

MONDAY 11/4

7 pm	Chapel Bells	Bell Room
7 pm	Church Council Meeting	Wesley

TUESDAY 11/5

ELECTION DAY POLLING IN ASBURY CENTER

11 am	Staff Meeting	Welcome Center
7 pm	Boy Scout Meeting	Wesley

WEDNESDAY 11/6

7 pm	Charge Conference	Sanner Chapel
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THURSDAY 11/7

8:30 am	Northside Lunch prep	Asbury Kitchen
9 am	Hearts and Hands	Epworth
12 pm	TNT	Asbury Heights
6:30	Promise Bells	Bell Room
7:30 pm	Chancel Choir Rehearsal	Choir Room

FRIDAY 11/8

7 pm	Pack 870 Arrow of Light	Epworth
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SATURDAY 11/9

9 am	Mercy Dance	Asbury
11 am	Charles Voelker Memorial Service	Sanctuary
12 pm	Charles Voelker Reception	Wesley