

## *New Year's Prayer*

As the dawn breaks on a new year,  
let us give thanks for all we hold dear:  
our health, our family and our friends.

Let us release our grudges, our anger  
and our pains, for these are nothing but  
binding chains. Let us live each day in  
the most loving ways, the God-conscious  
way. Let us serve all who are in need,  
regardless of race, color or creed.

Let us keep God of our own understanding  
in our hearts and to chant God's name  
each day. Let us lead the world from  
darkness to light, from falsehood to  
truth and from wrong to right.

Let us remember that we are all one,  
embracing all, discriminating against none.

May your year be filled with  
peace, prosperity and love. May God's  
blessings shower upon you and bestow  
upon each of you a bright, healthy  
and peaceful new year.”

**REV. MARCY SHEREMETTA**

January 5, 2020

# ANNOUNCEMENTS



**WELCOME !** If you are a visitor or new to Mt. Lebanon United Methodist Church—we're glad you're here. Please sign the attendance sheet in the pew. Worship at our church is a joyful, prayerful, music-filled, traditional experience. We worship to glorify God and build up the community of believers to live in this world as followers of Jesus Christ.

The **8:30 am traditional** service meets in Sanner Chapel, immediately inside the front entrance of the church. In Asbury Center, **The Gathering**, a modern service with contemporary music also meets at 8:30. The **10:45 am traditional** service is in our beautiful sanctuary. Kidz Praise, a special worship service for ages 3 through 3rd grade, takes place during our 10:45 Sunday service.

For more information: [www.mlumc.org](http://www.mlumc.org) or 412-531-7131.

## **Church Council Meeting**

**Monday, January 6 at 7 pm, Wesley Hall**

Start the year with information on what's planned and happening at the church. On the agenda is a discussion of the church's 2020 emphasis on spiritual gifts.

**ALL ARE INVITED.**

## **Blood Pressure Screenings Today**

Stop in Brookline Parlor after the 10:45 service for a blood pressure check from the MLUMC Health Ministry (WHOM).

## ***Do No Harm***

**Meeting Tonight: Sunday, January 5  
7 pm The Welcome Center**

**Do No Harm is a group that believes in social justice, in actively applying the Golden Rule to all. Church members are invited to attend this discussion group that grew out of concern and opposition to the denomination's LGBTQ ban.**

**For more information, contact Monica Kao: [mkao@mlumc.org](mailto:mkao@mlumc.org) 412-531-7131.**

**Mt. Lebanon United Methodist Church**

OPEN HEARTS OPEN MINDS OPEN DOORS

3319 W. Liberty Ave. Pittsburgh, PA 15216 412-531-7131 [mlumc.org](http://mlumc.org)

Reverend Thomas Q. Strandburg, Pastor [tstrandburg@mlumc.org](mailto:tstrandburg@mlumc.org)





# Welcome Abby Purtill Our New Acolyte



We are blessed to have Abby joining our Acolyte team. Abby is 10 years old and is in the 5<sup>th</sup> grade at Myrtle Avenue Elementary. She is the daughter of Ed and Carrie Purtill. Carrie is one of our Sunday School teachers in the 2<sup>nd</sup>/3<sup>rd</sup> grade class. Abby has one sister named Emma. They also have a dog named Sammy.

Abby enjoys many activities including softball, reading, and playing the viola. She enjoys the outdoors and her favorite place to be is camping. Her favorite food is pizza. Eating pizza while camping would be a pretty good day for Abby.

Abby says her favorite thing about our church is communion.

Welcome Abby as she begins her new role as an acolyte here at MLUMC. The church is grateful for her willingness to be a part of this wonderful ministry and wish God's blessings on her and her family.

# 68 FAMILIES 165 PEOPLE

That's how many people receive nourishment for their bodies, and at times, nurturing for their spirits from MLUMC's Food Pantry and Food Lift Free Market each month. This month the ministries are asking for donations of paper products. The items can be placed on the shelves right inside the pantry entry door or in a drop-off box near the pantry entrance.

These times can be challenging for our families. Let's keep the pantry shelves stocked and demonstrate God's love for our Food Pantry families.

**Food Pantry Donation  
of the Month Program**

**January**

**Please  
donate  
paper  
products**

**Drop-off box near  
entrance to Food Pantry**



Special thanks to all who helped deliver poinsettias to our shut-ins. Your act of kindness has spread the joy of the birth of Christ. It is much appreciated.



# Kerygma Adult Sunday School 9:30-10:30 am The Library

- 1/5 Deanna Baird, "Changing Our Minds" Part 3
- 1/12 Rob Bellamy, "Last Things and Millennialism: with a Bang or with a Whimper?" Part 1
- 1/19 Rob Bellamy, "Last Things and Millennialism: with a Bang or with a Whimper?" Part 2

# ***Troop 23 Spaghetti Dinner***



January 25, 2020 4pm-8pm  
Mt. Lebanon United Methodist Church  
Adults: \$8 Children: \$5 (12 and under)

*Gluten Free Pasta available*

Scouts will be selling tickets Sun. Jan. 19 during church services or available at the door. Eat in and have the scouts serve you or take-out and enjoy our delicious spaghetti in your own home.

For more information about the dinner contact Eric Montarti at (412) 343-3375 or Barb Grabowski at (412) 303-8201.

*This annual fundraiser is to offset operating costs associated with running the unit.  
For more information about the troop go to: [t23dormont.scoutlander.com](http://t23dormont.scoutlander.com)*