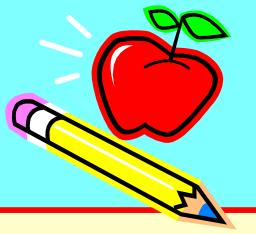




THE WEEKDAY MESSENGER



Weekday Ministries

Child Care Center

Mettelise Ziegler, M.S.
Director

November 2021

Learning to be Thankful

How do we raise children to appreciate what they receive?
How can they learn to be thankful?

The following is from an article written by Charlotte Latvala from Sewickley, PA - published in Parents magazine. It is no surprise to me that the secular world agrees with the Bible on this topic. See the entire article here.

<https://www.parents.com/toddlers-preschoolers/development/behavioral/teaching-children-to-be-grateful/>

The author points out that children are self-centered. It is not natural to be grateful or to appreciate what others do for you. These values must be learned.

Grateful people have higher levels of happiness, are more optimistic and feel lower levels of depression and stress. Ungrateful people are “perpetually disappointed” people who walk around with a sense of entitlement. They feel little empathy for others.

As parents and teachers, we have to model gratitude by using words like “please” & “thank-you.” “Thank you for helping me. It makes me feel great.” “We are blessed to have this beautiful day!”

Enlist children to help. Thank them for their efforts and verbalize your appreciation.

Find a “goodwill” project. Encourage generosity. Insist on writing thank-you notes.

There are times we, as adults, need to say “no” to requests a child makes, (like toys or candy at the store), so that when we say “yes” there is appreciation.

We can limit our gift giving so that children are not overwhelmed by too many at once. At Christmas, we can take turns expressing our appreciation for each gift opened, even if the gift is for someone else.

We can take children shopping for other people so they learn the joy of doing for others.

Here's my thought. It wasn't in the article. Americans are among the richest people in the world. If we do not appreciate what we have, we are actually quite poor.

Upcoming Events

Remember that we are **closed on Election Day** - Tuesday, Nov. 2nd. The building will be wide open to the public, as ours is the location for two polling places.

We will be **closed on Thanksgiving** - Nov. 25th and remain closed the day after, Black Friday.

Please bring a canned good or other non-perishable item for the food pantry. Bring items to the classroom so teachers can use them to encourage the values of giving and sharing. The food pantry serves over a hundred local family units in need each month. The Pre-K classes will bring their items as offerings on chapel day, Nov. 9th.

Child Health Reports are mandatory! They must be dated every 3-6 months for children under two. For children over two years of age, they are expired if older than 12 months. We are required to check for current flu vaccines. When your child receives immunizations, send a copy.



Through Jesus, therefore, let us continually offer to God a sacrifice of praise – the fruit of lips that openly profess his name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.

Hebrews 13:15-16

Classroom Highlights

Infants welcome Aurelia & Owen! There's a special turkey treat planned. If you need a future spot. Don't wait. There's only December left next year.

Supertots are learning that God gives us food. They are learning about Thanksgiving, pumpkins, Pilgrims, Native Americans, being thankful and turkeys.

Tiny Tots are making a turkey cookie snack on the 24th. They are also looking at the symbols of Thanksgiving like cornucopias, acorns, blessings, and food.

Older Toddlers are learning about Thanksgiving, too. They are observing World Kindness day on the 13th; Veteran's Day on the 11th and making a special snack for the 24th. They are including lessons on community helpers this month.

Jr. Pre-K kids are learning about friendship, fruits and vegetables as they prepare for Thanksgiving. Their letters are Tt & Pp. They are making a friendship fruit salad on the 24th. Please see the sign-up sheet on the door. Chapel is on the 9th. Bring a canned good for an offering.

Senior Pre-K will be learning letters Gg, Hh & Ii, as well as healthy eating, food groups, exercise, manners and kindness. They are making applesauce on the 5th. Please send in one or two apples for the children to contribute to the sauce. Chapel is on the 9th. Please bring a canned good as an offering.

Reminders

- Report illnesses.
- Call if your child is absent.
- Get flu shots and documentation to us by the end of November.
- Wash your children's hands. Constantly. Every time they come into the center.
- Take home cups and nap things to be washed.
- Use REMIND for alerts about weather delays or emergencies.

Have a Happy Thanksgiving!

Special Dates

Please see our website. The Health Form and Parent Handbook are posted there.
www.mlumc.org.

November

7th Sunday...Turn your clock back one hour!

2nd Election Day – CLOSED

25th & 26th Thanksgiving Break - CLOSED



Children:	Calvin G.	11/5	1 year
	Haley B.	11/8	2 years
	Teddy S.	11/12	5 years
	Austin B.	11/12	2 years
	Margot K.	11/14	3 years
	Benicio D	11/15	3 years
	Brandon L.	11/23	2 years
Teachers:			
	Amanda	11/4	
	Mrs. Brack	11/8	



MLUMC Corner

Reverend Tom Strandburg, Pastor
You are invited!

- Worship 8:30am and 11:00am in person or online