



**Weekday Ministries**  
Child Care Center

Mettelise Ziegler, M.S.  
Director

# January 2022

## Cabin Fever

Regardless of the cold, there are ways to enjoy winter with children whether they're playing inside or outside.

Going outside is excellent for their health. It is beneficial to get a child's nose running so their sinuses will drain. Plus, they get good and tired and they will sleep well!

Go sledding. Around here, there is no shortage of hills.

Make a snow fort. Make a snow lantern of snowballs and light it up with a candle at night. Making snowballs is good for developing strength in the fingers.

Shovel snow. This may help improve balance and movement, while making children feel helpful to their families.

Add food coloring and water to spray bottles. Paint the snow outside.

Have an indoor snowball fight with crumpled paper. Use wastebaskets as "hoops". This is fun and improves eye-hand coordination.

Mix Jello powder and water. Freeze in ice cube trays. Use the colorful frozen cubes to paint on paper.

Make a "snowy" meal of white foods to try. Potatoes, rice, vanilla yogurt, vanilla ice cream, cauliflower, cheese and milk.

Have an indoor camp-out. Lucky you if you have a fireplace! Make an authentic campsite with sleeping bags, flashlights and s'mores.

Fun family activities like the ones above cost very little, yet yield treasure in the form of warm memories. You only get 18 January's with your child. Do not grumble about the weather. Instead, make them count!

## News for 2022

The teachers are very thankful for the gifts they received for Christmas. Thank you so much for your kindness and generosity. Special thanks to Kate Vitek for collecting and distributing the money collected for the teachers.

Thank you to Pastor Strandburg (AKA Santa Claus) for stopping by to see the children.

We will be closed on **Martin Luther King Jr. Day** - January 17th. Teachers will have in-service training.

Receipts for your 2021 taxes will be completed by the 7<sup>th</sup> of the month.

New COVID regulations are in effect. If your child could have possibly exposed others at the center because of their presence, he or she will be tested. That's not new. What is new is that you will need to provide a doctor's note in order to return. We need it in writing. Please refer to Announcement C-21-11 from the Office of Child Development and Early Learning. You can read it online. <https://www.pakeys.org/wp-content/uploads/2021/12/Announcement-C-21-11-Addition-of-COVID-19-to-List-of-Reportable-Communicable-Diseases-FINAL.pdf>



## God Says

We can make our plans, but the Lord determines our steps. **Proverbs 16:9**

## Classroom Highlights

Our first Infant spot is March of 2023. Please do not wait to speak with Mettelise if you think you will be needing one. We welcome Beatrice to our center!

Supertots are learning that “God keeps us safe” as they explore winter, penguins and polar bears.

Tiny Tots are learning about Noah’s Ark as they also learn that God cares for us. They explore themes about family, friends and homes, snow, bears, and arctic animals.

Older Toddlers are working on themes that include animals in the snow, friendship, and how God keeps us safe.

Jr. Pre-K is working on snow, winter and Winnie the Pooh as they continue to learn new letters.

Sr. Pre-K will be celebrating the new year with nursery rhymes and winter themes. They will learn opposites, letters Ll, Mm, Nn and Oo; numerals 5 & 6; ice and water experiments; and much more. Plan on show ‘n tell on Friday, the 7<sup>th</sup>. Have your child bring a favorite Christmas gift to talk about.



## Important Reminders

1. Everything must be labeled!
2. We must send children home with fever, diarrhea, unexplained rashes or vomiting.
3. Tuition checks must be made out to MLUMC and are **due by the 1st of the month**. Automatic withdrawals are available from checking, savings or credit card accounts. See the director for an authorization form.
4. We close at 6:00 PM and will charge you late fees after that.
5. **DO NOT open the door for strangers.** Even friendly strangers have the potential to be dangerous.
6. If you send someone to pick up your child, make sure they have the code.

## Special Dates

Please see our website. The Health Form and Parent Handbook are posted there.  
[www.mlumc.org](http://www.mlumc.org).

### January

- 3<sup>rd</sup> Open for 2022
- 17<sup>th</sup> CLOSED – MLK Day  
Teachers are in classes



Children:	Name	Date	Age
	Isaac P.	1/5	1 year
	Mckenna L.	1/8	2 years
	Augustus W.	1/9	4 years
	Ozzy P.	1/9	1 year
	Jonathan J.	1/17	3 years
	Colton	1/18	4 years
	Mack M.	1/24	2 years
	Nora J.	1/27	5 years
	Owen P.	1/27	1 year
	Emmaline S.	1/28	2 years



United  
Methodist  
Church

**MLUMC Corner**

Reverend Tom Strandburg, Pastor

*Worship services are at 8:30 and 10:45 each Sunday.*

*Visitors are always welcome!*